



CITY OF KIRKLAND

City Manager's Office

123 Fifth Avenue, Kirkland, WA 98033 425.587.3001

www.kirklandwa.gov

MEMORANDUM

To: Kurt Triplett, City Manager

From: Marie Stake, Communications Program Manager

Date: August 15, 2012

Subject: Proclamation: Recovery Month, September 2012

RECOMMENDATION:

It is recommended that Mayor Joan McBride proclaim September, 2012 as "Recovery Month" as requested by King County Community Organizing Program.

BACKGROUND DISCUSSION:

The mission of Recovery Month is to improve the lives of those suffering from addiction, to celebrate individuals and families in long-term recovery and to acknowledge those working in the field that provides recovery services. This year's theme is "Join the Voices for Recovery. It's Worth It" which emphasizes that while the road to recovery may be difficult, the benefits of preventing and overcoming mental and/or substance use disorders are significant and valuable to the individual, their families, and communities.

Now in its 23rd year, Recovery Month also honors the treatment and recovery service providers who assist the individuals and families with recovery. The King County Mental Health Chemical Abuse and Dependency Services Division contracts with abuse and mental health service providers that serve King County. As part of the County's Recovery Month efforts, it is hosting the second annual Recovery and Resiliency Conference and the Exemplary Service Awards event.

Other agencies that support Recovery Month include the Substance Abuse and Mental Health Services Administration's (SAMHSA's) Center for Substance Abuse Treatment, within the U.S. Department of Health and Human Services and the White House Office of National Drug Control Policy. More information about Recovery Month can be found at www.recoverymonth.gov.

On September 8, 2012, a free community event celebrating National Recovery Month will be held from 10 a.m. to 3 p.m., Eastside Foursquare Church, 14520 100th Avenue NE, Bothell, WA 98011.

PROCLAMATION RECIPIENTS

Dave Murphy, Criminal Justice Initiatives Project Coordinator, King County, will be in attendance to accept the Proclamation.



A PROCLAMATION OF THE CITY OF KIRKLAND

Proclaiming September as "Recovery Month" in Kirkland, Washington

WHEREAS, behavioral health is an essential part of health and one's overall wellness; and

WHEREAS, prevention of mental and/or substance use disorders works, treatment is effective, and people recover in our area and around the Nation; and

WHEREAS, the benefits of preventing and overcoming mental and/or substance use disorders are significant and valuable to individuals, families, and the community at large; and

WHEREAS, people in recovery achieve healthy lifestyles, both physically and emotionally, and contribute in positive ways to their communities; and

WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, according to the *2010 National Survey on Drug Use and Health*, 2.6 million people received specialty treatment for a substance use disorder and more than 31.3 million adults aged 18 or older received services for mental health problems which reflects the serious nature of this public health problem; and

WHEREAS, the U.S. Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration, the White House Office of National Drug Control Policy, and the King County Mental Health and Chemical Abuse and Dependency Services Division offer programs and assistance to help more people achieve and sustain long-term recovery;

NOW, THEREFORE, I, Joan McBride, Mayor, do hereby proclaim the month of September 2012 as *National Recovery Month* in the City of Kirkland and call upon the people of to observe this month with appropriate programs, activities, and ceremonies to support this year's theme, "Join the Voices for Recovery: It's Worth It."

Signed this 4th day of September, 2012

Joan McBride, Mayor